

SOLSTICE SERENITY

Yoga Retreat in Mallorca

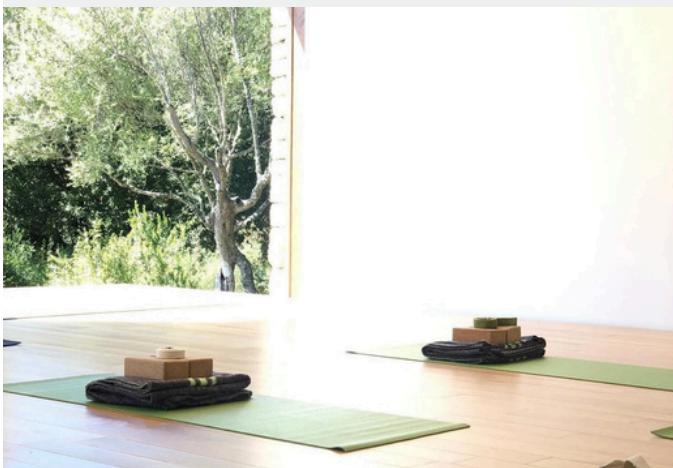
28TH JUNE - 3RD JULY
2026



Join me on the beautiful island of Mallorca for a soulful
Summer Solstice yoga retreat.



The venue is a retreat centre nestled in the foothills of the Serra de Tramuntana mountains in Northern Mallorca, just 20min drive to the nearest beach. Surrounded by oak woods and olive groves and built on limestone, the clear and serene architecture completely blends into the Mediterranean setting, creating a sense of harmony and wholeness.



It's the perfect backdrop for our days of yoga, meditation, and soulful connection. Offering space to expand, reflect, and embrace the energy of the Summer Solstice.

There is no pressure, no expectations, just an invitation to unwind, explore and show up exactly as you are.

WHAT'S INCLUDED

- 5 nights accommodation
- Yoga studio with a stunning mountain views, oak floors, infrared heating, and a state of the art sound system
- Twice daily yoga sessions, vinyasa and mobility/restorative flows
- An immersive back-bending workshop
- Fully catered with nutritious buffet breakfasts and lunches & 3 course meal dinners with wine
- Tea, coffee, water and fresh fruits available throughout the day
- Trip to Pollensa, just 10km away from the venue (transfer included)
- Transfers to and from Palma de Mallorca Airport are included for everyone travelling from Manchester to Palma on the 28th June at 6am and coming back on the 3rd July 11.55am (EasyJet)



Meals

The venue prides itself on offering nutritious healthy meals - vegetarian, a mixture of vegetarian and non-vegetarian or vegan. Their cooking style is 'Mediterranean' rather than specifically Spanish and will include dishes from the entire region.

Buffet style breakfast offers tea, coffee, juice, muesli, yogurt, fruit, nuts, bread, cheese, and jams. Buffet style lunch offers a choice of dishes dependent on the weather and season.

Dinner is table service and includes 3 courses with wine option. Tea, coffee, water and fruits are available throughout the day.

**Any dietary restriction must be reported in advance and best suitable alternative options will be provided.*

Accommodation

Shared rooms - Spacious twin bedrooms with en-suite and sun terrace - for two people to share.

Single room with double bed and en-suite and sun terrace available - for single use or couples - please contact me regarding the single-use surcharge.

100% linen and cotton bedding & towels are included.

The venue uses only biodegradable cleaning products and detergents. They are continually striving to be plastic free.

Wifi is available in the main part of the house only, as the bedrooms are a place of rest and unwind.

After landing in Palma, we will travel together to the villa where a welcoming lunch will be waiting for us (transfers included in the cost)



Day Trip to Pollença

During our retreat, we will take some time to wander the picturesque town of Pollença, just a short drive from our retreat venue. Famous for its cobblestone streets, historic squares, and vibrant artisan markets, Pollença perfectly captures the essence of Mallorca.

Climb the 365 Calvari Steps for breathtaking views over the town and surrounding hills, explore local galleries and boutique shops, or relax at one of the charming cafés in Plaça Major, soaking in the Mediterranean atmosphere.

Your Host

Aneta has a deep passion for creating creative flows that blend strength-building, mobility, and flexibility work, always with a space to explore.

Drawing from the various styles and techniques she has picked up on her yoga journey, her teaching is rooted in movement that feels both strong and nourishing. She likes to challenge her students and invite them to try new things, always with the intention of making them feel good in their own bodies.



This retreat will feature yoga flows inspired by the Summer Solstice, focusing on renewal, balance, and vitality. Through a combination of invigorating, mobility, and restorative practices, we'll align our bodies with the sun's energy, embracing the season of growth and transformation.

***Extra bonus of a specific back bending workshop to explore the movement in structured and safe way.

Cost

Book your spot!

Total price £1299 early bird if deposit of £399 is paid by 1st February 2026,

Price after 1st February is £1399

All deposits are to be paid by bank transfer. Please contact me for details. The deposit is non-refundable unless the entire retreat is cancelled.

Second secure deposit of £450 is to be paid by 28th April 2026.

Full balance is to be paid by the 1st June 2026
A monthly payment plan is available to help spread the cost. Please contact me directly for details if you wish to set up a payment plan.

Transfers to and from Palma de Mallorca Airport are included for everyone travelling from Manchester to Palma on the 28th June at 6am and coming back on the 3rd July 11.55am (EasyJet)

Flights are not included in the retreat rate.

